

WATERFORD HIGH SCHOOL

PHYSICAL EDUCATION CLASS POLICIES

Be Prepared

- Proper attire for class participation consists of the following:*
ALL STUDENTS MUST HAVE A COMPLETE CHANGE OF CLOTHES FOR CLASS
T-SHIRT—most t-shirts are acceptable provided they can be tucked in, have sleeves, don't advertise unacceptable products, are clean and free from rips, holes, etc...
SHORTS OR SWEAT PANTS – must follow handbook policy
ATHLETIC SOCKS---footies are fine, but some type of sock must be worn.
ATHLETIC TENNIS SHOES--- All shoes must be tied TIGHTLY at all times.
LONG HAIR—must be pulled back or kept out of eyes on **EVERYONE**.
*****WARM CLOTHING IS ENCOURAGED FOR OUTDOOR UNITS*****
- NO JEWELRY** of any kind may be worn during physical education class unless of medical nature for safety reasons. Gauged piercings may only have solid, flat inserts.
- Once class begins, please do not get any new piercings. You will have to remove the jewelry!!!!
- CELL PHONES ARE NOT PERMITTED IN THIS CLASS!!!**
- Bring fees and permission slips back by designated dates. Ex: Rollerblading Unit

Be Responsible

- NO EQUIPMENT MAY BE USED UNLESS THE TEACHER IS PRESENT.**
- Please report all injuries immediately to your teacher, no matter how minor it may seem. If a student gets medical attention, there has to be an accident report filled out by the teacher
- In order to prevent choking, gum chewing is not allowed in this class!
- Excessive noise, running or goofing around in the locker room will not be tolerated.
- Please do not bring anything breakable into the locker room--no glass containers of any kind.
- You are responsible for all of your personal belongings and equipment. Make sure all of these items are locked up in your assigned locker at all times.
- For security purposes, do not give your combination to anyone else or share lockers with another student. The physical education staff will not give your combination to anyone else or let another student into your locker.
- Please report any all problems with locks or lockers immediately to your teacher - report all lost locks right away. Always double check to make sure your lock is secure before leaving.
- Showering is not mandatory. Towels are not provided.
- Students are to be in the gym at the time of the final bell or they are considered tardy. The school tardy policy will be followed. After attendance is taken, students will have 5 minutes to dress for activity and again may be considered tardy; this will affect your participation grade.
- If you have a medical problem that will in some way interfere with any activity, please tell your teacher at the beginning of each unit. We can make modifications if possible to allow you to still participate. Please remind your teacher as the units change.

Be Respectful

1. School issued athletic clothing is not appropriate attire in physical education class.
2. All clothing must be neat and clean. Clothes that have tears or stains in them need to be replaced. Please take your clothes home on a regular basis and wash them.
3. Unreasonable language and conduct will not be tolerated at any time.
4. Safety rules that are given in each unit must be followed. Any student whose behavior interferes with the scheduled activity or endangers other students in the class will be asked to leave the activity.
5. If you are out for a sport, we encourage you to always participate in class unless medically excused.
PHYSICAL EDUCATION & SPORT GO HAND IN HAND
6. Students are released from each activity by their teacher. Students should not leave with another class or teacher.
7. Students are to remain in the gym on the wood floor until the dismissal bell rings.

GRADING AND EVALUATION

1. Each unit will be graded separately. Most units will have 3 grades--- Participation grade-40%, Effort/Skill grade-40% & Written Quiz-20%.
2. The Participation grade is evaluated daily and includes: attendance, tardiness, non-dress days, wearing jewelry, tying shoes, gum chewing, daily warm-ups and behavioral issues before activity.
3. Excused absences can be made up to improve your overall participation grade (Non-Dress Days cannot be made up). Students are allowed to make-up points for excused absences within the same number of days absent, which can be done by contacting your role call teacher to set up a time. More than TWO excused absences for Field Trips or School Sponsored activities per semester will need to be made up by the student.
4. Not dressing for activity will drastically affect your participation grade. A student will lose 35% of their unit grade for not be dressed for class.
 - A. The 2nd day of not dressing in a semester, a call will be made home explaining the above policy and another 35% is deducted from the grade.
 - B. The 3rd day of not dressing in a semester for class the student will meet with the Associate Principal and may be removed with a WF.
5. The Effort/Skill grade is also evaluated daily, but during unit activity only. Some units may have skill testing, but most are assessed using the effort/skill rubric.
6. The Written Quiz grade is evaluated at the end of each unit. Students are reminded to review study guides that are handed out and save for exam. Check your teacher's website for extra copies.
7. Units are 6 days long and failure to participate in 65% of the quarter (approx. 14 days) may result in possible failure of the quarter.
8. Medical Excuses by a Physician or the Licensed Athletic Trainer for WUHS will be excused and not affect the participation grade. However, more than 14 days medically for the quarter may result in the student receiving a Medical Grade and will have to retake the quarter.
Please do not bring notes from your parents--you choose to participate in the activity or to sit out.
9. There is a final written exam covering all of the units at the end of the semester.
10. The physical education grade will be counted in the student's grade point average.